

MATTHEW PAYNE HOFFMAN



My 1-Sentence Micro Bio:

Matthew P. Hoffman is a national speaker, trainer, author and kickass relationship coach who empowers men and women to become mighty and effective communicators through his expert guidance, business experience and the vast resources of Kickass Couples Nation.

My Short Expert Bio:

Matthew P. Hoffman is a national speaker, trainer, author and a kickass relationship coach. Matthew is a widely respected authority on relationships, radical communication, and conflict resolution. He specializes in presenting these critical concepts in a fun, entertaining and empowering way that gives his audience specific strategies to employ that will drive their business success and elevate their most important human relationships. With a diverse background in business, people and systems thanks to a Liberal Arts degree in Political Science & Theatre from Middlebury College and a Masters in Business from Cornell University, Matthew is prepared to meet his clients where they are and help them soar in their critical business and personal relationships. His work has been featured on ABC, Fox and he is a regular expert contributor on relationships for NBC's "Bloom," a syndicated health and wellness show in the Florida major market.

My Expert Bio:

Matthew P. Hoffman is a national speaker, trainer, author and a kickass relationship coach. Matthew is a widely respected authority on relationships, radical communication, and conflict resolution. He specializes in presenting these critical concepts in a fun, entertaining and empowering way that gives his audience specific strategies to employ that will drive their business success and elevate their most important human relationships. With a diverse background in business, people, and systems, thanks to his Liberal Arts degree in Political Science and Theatre from Middlebury College and Masters in Business from Cornell University, Matthew is equipped to meet his clients where they are and help them soar in their number one relationship. He is also the co-founder of Character GPS, an intensive character education program that has been used by thousands of youth and professionals, ensuring that strong character and enduring principles form the foundation of all his work.

Before starting Character GPS and writing his first book, Matthew was a successful business operations executive in real estate development and the restaurant industry. He was even recognized with the Tampa Bay Community Business for the Arts Award for his efforts in promoting and preserving the arts in the Tampa Bay area through his leadership with Ruth Eckerd Hall Performing Arts Center & Theatre. With a passion for creativity and a background as an accomplished chef, Matthew brings a unique perspective to relationships and building success through them.

As co-founder of the Kickass Couples Podcast and C.I.O (Chief Inspiration Officer) of Kickass Couples Nation, Matthew and his team help imperfect couples level up and develop their #1 human relationship. He is also a regular expert on relationships on NBC's 'Bloom', a health and wellness show hosted by Gayle Guyardo in a Florida major market.

With a goal of leading men and women to build kickass relationships in the workplace, and move from selfishness and unfulfillment to satisfaction and lasting love in their marriages, Matthew P. Hoffman is the speaker, trainer and kickass coach people trust to help them reach their own relationship nirvana.

REV 11_15_2023